MORNING

Make Beds
Start a Load of Laundry
Empty Dishwasher

EVENING

Start Dishwasher
Clear Kitchen Counter & Wipe
Quick Pick-up of Clutter
End the Day with an Empty Kitchen Sink

EVERY DAY

One Load of Laundry
One Load of Dishes
Beds Made
Counters Cleared & Wiped
Keep up on Clutter
Daily Chore

DAILY CHORE

Monday . . . . . . Kitchen
Tuesday . . . . . . Main Living Spaces
Wednesday . . . . . . Bathrooms
Thursday . . . . . . Bedrooms
Friday . . . . . . Swing Day & Wash Sheets
Saturday . . . . . . Yard, Garage, or Project Day

SWING DAY

1st . . . . . . Windows
2nd . . . . . . Wipe Walls, Baseboards, and Doors
3rd . . . . . . Tackle one Closet or Cupboard
4th . . . . . . Pantry, Mudroom, etc

Notes & Tips:

- Start every day by making your bed as soon as you get out of it.

- Start a load of laundry first thing in the morning. Then, once your morning routine is done, it will be ready to dry, fold, and put away.

- Unload the dishwasher in the morning. I do this while my kids are eating breakfast. Then we put our dirty dishes right into the dishwasher all day long. At the end of the night, I will start the dishwasher before bed. Then it will be ready to unload the next morning.

- When you are doing your morning bathroom routine (brushing teeth, hair, makeup), get in the habit of quickly wiping down the counter and sink. This will help keep things put away and stop the clutter from accumulating on the counter.

- Our sheets get washed every other week. I do the master bedroom sheets one Friday and then the kids' bed sheets the next Friday.

- Try to get one load of laundry and one load of dishes done each day. This helps so you don't have a mountain of laundry and dishes to do all in one day.

- Try to do a quick pick up before bed. This is part of our kids' bedtime routine. We set a timer and spend 10-20 minutes quickly picking up before we brush teeth, say prayers, etc.

- Try to go to bed with a clean kitchen sink. I have found that when the kitchen is clean, the whole house feels a million times better. Keeping a clean sink is key to a clean kitchen. This is easier because we try to put our dishes in the dishwasher as we use them.